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YSGOL IAU PARC BORRAS BORRAS PARK JUNIOR CP SCHOOL

MR B McDonald B.Ed. Hons
Pennaeth/ Headteacher

26th January 2010

Dear Parents

We are in the process of developing a new initiative in school known as the Student Assistance Programme (SAP). The programme is group work based where children meet once a week for a period of 8 weeks.

The group is designed to help children build self-worth and confidence, look at their own behaviour and how it affects themselves and others, build communication skills and help promote and encourage healthy lifestyles.

The programme is designed to support children in addressing issues that can cause them concern in a safe and confidential environment. By allowing your child to take part in this group, it will allow him/her to identify strategies for coping and managing more effectively. **Please note that children attending the sessions will be withdrawn from lessons for about 45 minutes for the 8 weeks involved.**

This programme has been running for over 20 years and has proved to be very successful in raising self esteem and self perceptions. Further information about the Programme will be available on our school website.

We feel that your child could benefit from these sessions and hope that we have your support to include him/her. **Please complete the pro-forma set out below and return to school straight away.**

Yours sincerely

Mr B Mc Donald
Headteacher

Miss L Jones
SAP Leader

Miss B Pritchard
SAP Leader

I/We give permission for _____ (Name of child) of
Class _____ to attend the SAP sessions as identified above.

Signed Parent/Guardian _____



Cyfeirier pob gohebiaeth at y Pennaeth
Please address all communications to the Headteacher



